



March 3rd – To Sleep or Not to Sleep? Sleep Deprivation in Residents

James D. Korb, MD

Director, Academic Affairs

Objectives: At the conclusion of this presentation, participants will be able to:

1. Describe the effects of sleep deprivation on physician performance and patient safety.
2. Explain the new recommendations for resident duty hours from the Institute of Medicine.
3. Describe & employ strategies to combat sleep deprivation in resident and physician schedules.
4. Advocate for appropriate changes in resident duty hours based on an understanding of the current literature.

March 10th – Acne Vulgaris

Angela J. Castellano, MD

Pediatric Dermatologist, CHLA

Objectives: At the conclusion of this presentation, participants will be able to:

1. Outline new concepts in pathogenesis of *acne vulgaris*.
2. Diagnose and treat patients with *acne vulgaris*.
3. Use the information learned relative to various components of cultural and linguistic competencies (State Required AB1195).

March 17th – Eosinophilic Gastrointestinal Disorders

Mark Ellis, MD

Allergy & Immunology, CHOC/PSF

Objectives: At the conclusion of this presentation, participants will be able to:

1. Correctly diagnose Eosinophilic Esophagitis which is often mistaken for GERD.
2. Review esophageal endoscopic findings and biopsy characteristics in eosinophilic esophagitis.
3. Use new therapies for treatment of Eosinophilic Esophagitis.
4. Use the information learned relative to various components of cultural and linguistic competencies (State Required AB1195).

March 24th – Pertussis

Delma Nieves, MD

Infectious Diseases, CHOC

Objectives: At the conclusion of this presentation, participants will be able to:

1. Perform workup to correctly diagnose and treat pertussis.
2. Use the information learned relative to various components of cultural and linguistic competencies (State Required AB1195).

March 31st – Pediatric Migraines

Ira Lott, MD

Neurology, PSF/CHOC

Professor of Pediatrics, Chief of Pediatric Neurology Division

Professor of Neurology, Associate Dean of Clinical Neurosciences

Director of Neurosciences Development, UCI Health Systems

Objectives: At the conclusion of this presentation, participants will be able to:

1. Perform workup to correctly diagnose and treat pediatric migraines.
2. Use the information learned relative to various components of cultural and linguistic competencies (State Required AB1195).

Wednesdays 8:00 - 9:00 a.m.

Harold Wade Education Center, 2nd Floor CHOC West Clinic Bldg., 455 S. Main Street, Orange, California, 92868

These activities are in compliance with **California Assembly Bill 1195** which requires continuing medical education activities with patient care components to include teaching in the areas of cultural and linguistic competency.

Target Audience: Primary care pediatricians. Family practitioners, pediatric subspecialists, pediatric residents and other healthcare professionals involved in the delivery of care to infants and children are also invited.



Accreditation: CHOC is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians. CHOC takes responsibility for the content, quality and scientific integrity of this CME activity. CHOC designates this educational activity for a maximum of 1.0 hour of *AMA PRA Category 1 Credit™*. Physicians should claim credit commensurate with the extent of their participation in the activity. This credit may also be applied to the CMA Certification in Continuing Medical Education.

Financial Disclosure – No Commercial Support was received for these activities.

For further information, please call the Academic Affairs Office at (714) 532-8894 or (714) 532-8430.